

February 2012

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>Freeform Board for pilates</p>		<p>1</p> <p>6.30 Ess/Int "Jumpus Maximus"</p> <p>8.30 Int 1 "Death by 9.30"</p> <p>9.30 Ess/Int Reformer "Passion"</p> <p>10.30 Int 1&2 "Full Throttle"</p>	<p>2</p> <p>6.30 Ess/Int "Mucho Energy"</p> <p>8.30 E/I "Cad" Conditioning</p> <p>9.30 Int 1 "Tough Stuff"</p> <p>6.00 E/I Moni's Muscle Mix</p>	<p>3</p> <p>6.30 Ess/Int "Double Trouble"</p> <p>8.30 Int 1 & 2 "Death by 9.30"</p> <p>9.30 Ess/Int "Chairholics"</p> <p>10.30 Int 1 "Core on Fire"</p>	<p>4</p> <p>9.30 E/I Flex & Stretch</p> 	<p>5</p> <p>No Classes</p>
	<p>6</p> <p>8.30 Ess/Int "Cadillac Charm"</p> <p>9.30 Int 1 "Reformer Flow"</p> <p>10.30 Int 2/Adv Chair & Cadillac</p> <p>6.30 Ess/Int "Half & Half"</p>	<p>7</p> <p>6.30 Int 1 "Chair de Soleil"</p> <p>8.30 Ess/Int "Strong Bodies"</p> <p>9.30 Int 1 "Athletic" Reformer</p> <p>6.00 Int 1 Pilates "Mélange"</p>	<p>8</p> <p>6.30 Ess/Int "Jumpus Maximus"</p> <p>8.30 Int 1 "Death by 9.30"</p> <p>9.30 Ess/Int "Cool CAD"</p> <p>10.30 Int 1&2 "Full Throttle"</p> <p>6.30 E/I "Cad Conditioning"</p>	<p>9</p> <p>6.30 Ess/Int "Mucho Energy"</p> <p>8.30 E/I Reformer on "Roids"</p> <p>9.30 Int 1 "Tough Stuff"</p> <p>6.00 E/I Moni's Muscle Mix</p>	<p>10</p> <p>6.30 Ess/Int "Double Trouble"</p> <p>8.30 Int 1 & 2 "Death by 9.30"</p> <p>9.30 Ess/Int "Chairholics"</p> <p>10.30 Int 1 "Core on Fire"</p>	<p>11</p> <p>9.30 E/I Flex & Stretch</p> 
<p>13</p> <p>8.30 Ess/Int "Reformer's Finest"</p> <p>9.30 Int 1 "Cad & Freeform"</p> <p>10.30 Int 2/Adv Chair & Reformer</p> <p>6.30 Ess/Int "Half & Half"</p>	<p>14</p> <p>6.30 Int 1 "Chair de Soleil"</p> <p>8.30 Ess/Int "Strong Bodies"</p> <p>9.30 Int 1 Cadillac "Delight"</p> <p>6.00 Int 1 Pilates "Mélange"</p>	<p>15</p> <p>6.30 Ess/Int "Jumpus Maximus"</p> <p>8.30 Int 1 "Death by 9.30"</p> <p>9.30 Ess/Int Reformer "Passion"</p> <p>10.30 Int 1&2 "Full Throttle"</p> <p>6.30 Ess/Int "Athletic Reformer"</p>	<p>16</p> <p>6.30 Ess/Int "Mucho Energy"</p> <p>8.30 E/I "Cad" Conditioning</p> <p>9.30 Int 1 "Tough Stuff"</p> <p>6.00 E/I Moni's Muscle Mix</p>	<p>17</p> <p>6.30 Ess/Int "Double Trouble"</p> <p>8.30 Int 1 & 2 "Death by 9.30"</p> <p>9.30 Ess/Int "Chairholics"</p> <p>10.30 Int 1 "Core on Fire"</p>	<p>18</p> <p>9.30 E/I Flex & Stretch</p> 	<p>19</p> <p>No Classes</p>
<p>20</p> <p>8.30 Ess/Int "Cadillac Charm"</p> <p>9.30 Int 1 "Reformer Flow"</p> <p>10.30 Int 2/Adv Chair & Cadillac</p> <p>6.30 Ess/Int "Half & Half"</p>	<p>21</p> <p>6.30 Int 1 "Chair de Soleil"</p> <p>8.30 Ess/Int "Strong Bodies"</p> <p>9.30 Int 1 "Athletic" Reformer</p> <p>6.00 Int 1 Pilates "Mélange"</p>	<p>22</p> <p>6.30 Ess/Int "Jumpus Maximus"</p> <p>8.30 Int 1 "Death by 9.30"</p> <p>9.30 Ess/Int "Cool CAD"</p> <p>10.30 Int 1&2 "Full Throttle"</p> <p>6.30 E/I "Cad Conditioning"</p>	<p>23</p> <p>6.30 Ess/Int "Mucho Energy"</p> <p>8.30 E/I Reformer on "Roids"</p> <p>9.30 Int 1 "Tough Stuff"</p> <p>6.00 E/I Moni's Muscle Mix</p>	<p>24</p> <p>6.30 Ess/Int "Double Trouble"</p> <p>8.30 Int 1 & 2 "Death by 9.30"</p> <p>9.30 Ess/Int "Chairholics"</p> <p>10.30 Int 1 "Core on Fire"</p>	<p>25</p> <p>9.30 E/I Flex & Stretch</p> 	<p>26</p> <p>No Classes</p>
<p>27</p> <p>8.30 Ess/Int "Reformer's Finest"</p> <p>9.30 Int 1 "Cad & Freeform"</p> <p>10.30 Int 2/Adv Chair & Reformer</p> <p>6.30 Ess/Int "Half & Half"</p>	<p>28</p> <p>6.30 Int 1 "Chair de Soleil"</p> <p>8.30 Ess/Int "Strong Bodies"</p> <p>9.30 Int 1 Cadillac "Delight"</p> <p>6.00 Int 1 Pilates "Mélange"</p>	<p>29</p> <p>6.30 Ess/Int "Jumpus Maximus"</p> <p>8.30 Int 1 "Death by 9.30"</p> <p>9.30 Ess/Int Reformer "Passion"</p> <p>10.30 Int 1&2 "Full Throttle"</p> <p>6.30 Ess/Int "Athletic Reformer"</p>				